

CIRCUIT BREAKER BREAKFAST/LUNCH MENU OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Mini Loaf Fruit Juice Teriyaki Chicken Bites Carrot Sticks/ Ranch Cup Peaches	3 Apple Frudel Fruit Juice BBQ Rib on Bun Fries Baked Beans Sidekick Slushy	4 Sausage & Egg Taco Fruit Juice Lasagna Roll Up/Marinara Green Beans Orange Wedges	5 Strawberry Bagels Fruit Juice Hot Dog on Bun Cheddar Sun Chips Carrot & Celery Stick/Ranch Pears	6 NO SCHOOL
9 NO SCHOOL	10 Cereal Yogurt Fruit Juice Cheeseburger on Bun Spudsters Green Beans Peaches	11 Scrambled Eggs w/ Bacon Biscuit/Jelly Fruit Juice Pulled Pork on Bun Baked Beans Mandarin Oranges	12 Mini Powdered Donuts Fruit Juice Chicken Sticks Corn Mixed Fruit	13 Breakfast Pizza Fruit Juice French Bread Pizza Salad Pineapple
16 Mini Pancakes Fruit Juice Corn Dog Baked beans Tropical Fruit	17 Scrambled Eggs Sausage Link Fruit Juice Hamburger on Bun Green Beans Apricots Chocolate Chip Cookie	18 Cereal Biscuit/Jelly Fruit Juice Taco Salad Shrd Romaine Lettuce Salsa Peaches	19 Cherry Frudel Fruit Juice Orange Chicken Vegetable Fried Rice Vegetable Egg Roll Orange Wedges	20 Breakfast Pizza Fruit Juice Cheese Pizza Corn Mixed Fruit
23 Breakfast Slider Pizzas Fruit Juice Italian Chicken Breast Baked Beans Tropical Fruit	24 Mini French Toast Fruit Juice Popcorn Chicken Spudsters Carrot Sticks/ Ranch Pears	25 Chocolate Banana Bar Fruit Juice Br Pork Chop Patty / Bun Green Beans Apricots	26 Cereal Yogurt Fruit Juice Meatball Sub Sweet Potato Criss Cross Mixed Vegetables Grapes	27 Breakfast Pizza Fruit Juice Pepperoni Calzonettes Marinara Cup Salad Pineapple
30 Cereal Mini Loaf Fruit Juice Chicken Rings Sweet Potato Wedges Orange Wedges	31 Mini Waffles Fruit Juice Taco in a Bag Shredded Lettuce Salsa Tropical Fruit	1 Sausage Egg Burrito Fruit Juice Crn Chicken Bread Bowl Mixed Vegetables Pineapple Cookie	2 Banana Bread Fruit Juice Country Fries Steak Bites Mashed Potatoes/Gravy Baked Beans Apricots	3 Breakfast Pizza Fruit Juice Sausage Pizza Broccoli Ranch Cup Applesauce

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CIRCUIT BREAKER

HIGH SCHOOL LUNCH MENU

OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
4-Teriyaki Chicken Bites 1-Dinner Roll/Butter 1/2c-Carrot Sticks/ Ranch 1/2c-Salad 1c-Peaches 1-Graham Crackers	1-BBQ Rib on Bun 1/2c-Fries 1/2c-Baked Beans 1/2c-Pineapple 1-Sidekick Slushy	1-Lasagna Roll/Marinara 1c-Green Beans 4-Orange Wedges 1-CapriSun	1-Hot Dog on Bun 1-Cheddar Sun Chips 1/2cCarrot Sticks 1/2c-Celery Sticks/Ranch 1c-Pears	NO SCHOOL
9	10	11	12	13
NO SCHOOL	1-Cheeseburger on Bun 5-Spudsters 1/2c-Green Beans 1c-Peaches	1-Pulled Pork on Bun 1/2c-Baked Beans 1/2c-Broccoli w/Ranch 1c-Mandarin Oranges	8pc-Chicken Sticks 1/2c-Corn 1/2c-Cauliflower w/Ranch 1c-Mixed Fruit	1-French Bread Pizza 1/2c-Salad 1/2c-Broccoli/Cauliflower 1c-Pineapple
16	17	18	19	20
1-Corn Dog 1/2c-Baked Beans 1/2c-Carrot Sticks/Ranch 1c-Tropical Fruit	1-Hamburger on Bun 1c-Green Beans 1c-Apricots 1-Chocolate Chip Cookie	1-Taco Salad 1/2c-Shrd Romaine 1-Salsa 1c-Peaches 2-Churros	2oz-Orange Chicken 1/2c-Vegetable Fried Rice 1-Vegetable Egg Rol 1/2c-Broccoli 4-Orange Wedges 1-CapriSun	1-Cheese Pizza 1/2c-Corn 1/2c-Lettuce 1c-Mixed Fruit
23	24	25	26	27
1-Italian Chicken Breast 1-Dinner Roll/Butter 1/2c-Baked Beans 1/2c-Lettuce 1c-Tropical Fruit 1-Graham Crackers	14-Popcorn Chicken 5-Spudsters 1/2c-Carrot Sticks/ Ranch 1/2c-Celery Sticks 1c-Pears	1-Br Pork Chop Patty /Bun 1c-Green Beans 1c-Apricots	1-Meatball Sub 1/2c-Sweet Potatos 1/2c-Mixed Vegetables 1/5c-Grapes 1-CapriSun	3-Pepperoni Calzonettes 1-Marinara Cup 1/2c-Salad 1/2c-Pineapple 1-Sidekick
30	31	1	2	3
5-Chicken Rings 1/2c-Sweet Pot Wedges 1/2c-Broccoli/Ranch 4-Orange Wedges 1-CapriSun	1-Taco in a Bag 1/2c-Shrd Lettuce 1-Salsa 1c-Tropical Fruit 1-Granola Bar	1-Crm Chicken Br Bowl 1/2c-Mixed Vegetables 1/2c-Carrot Sticks/Ranch 1/2c-Pineapple 1-Cookie 1-Sidekick	8-Country Fries Steak Bites 1/2c-Mashed Pot/Gravy 1/2c-Baked Beans 1c-Apricots 1-Granola Bar	1-Sausage Pizza 1/2c-Lettuce 1/2c-Broccoli 1-Ranch Cup 1c-Applesauce

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30 5-Chicken Rings 1-Dinner Roll/ Butter 1/2c-Sw Potato Wedges 1/2c-Green Beans 4pc-Orange Wedges 1-Sidekick Slushy	31 1-Taco in a Bag 1/2c-Shredded Lettuce 1-Salsa 1c-Tropical Fruit 1-Granola Bar	1 1-Crm Chicken Bread Bowl 1c-Mixed Vegetables 1c-Pineapple 1-Cookie	2 8-Country Fried Steak Bites 1-Bread/Butter 1/2c-Mashed Pot/Gravy 1/2c-Baked Beans 1/2c-Apricots 1-Capri Sun	3 1-Sausage Pizza 1/2c-Lettuce 1/2c-Broccoli 1-Ranch Cup 1/2c-Applesauce 1-Capri Sun
6 6-Toasted Beef Ravioli 1-Marinara Cup 1-Mozzarella Cheese Stick 1/2c-Salad 1/2c-Corn 1c-Mixed Fruit 1-Yogurt	7 4-Chicken Drumsticks 1-Dinner Roll/Butter 1/2c-Sweet Pot Wedges 1/2c-Broccoli/Ranch Cup 1/2c-Pears 1-Sidekick Slushy 1-Graham Crackers	8 1-Cheeseburger Meatloaf 1-Bread/Butter 1/2cMashed Pot/Gravy 1/2c-Green Beans 1c-Peaches 1-Graham Crackers	9 1-Br Chicken Patty on Bun 1-Mozzarella Cheese Stick 1/2c-Baked Beans 1/2c-Carrot Sticks/Ranch 1/2c-Grapes 1-Chocolate Chip Cookie 1-Capri Sun	10 4-Mini Pizza Bagels 1c-Mixed Vegetables 4-Orange Wedges 1-Granola Bar 1-Capri Sun
13 1/2c-Macaroni & Cheese 1-Dinner Roll/Butter 1/2c-Carrot Sticks/Ranch 1/2c-Green Beans 1c-Pears	14 2oz-Sweet/Sour Chicken 1-Vegetable Egg Roll 1/2c-Vegetable Fried Rice 1/2c-Broccoli 1c-Mixed Fruit	15 8-Nacho Bites 1-Salsa 1/2c-Corn 1/2c-Mandarin Oranges 1-Capri Sun	16 5-Chicken Nuggets 1/2c-Sweet Potato Fries 1/2c-Baked Beans 1/2c-Grapes 1-Graham Crackers 1-Sidekick Slushy	17 1-Pizza Bosco 1-Mozzarella Cheese Stick 1/2c-Spinach Salad 1/2c-Carrot Sticks/Ranch 1/2c-Applesauce
20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 4-Teriyaki Chicken Bites 1-Dinner Roll/Butter 1/2c-Carrot Sticks 1/2c-Celery Sticks 1-Ranch Cup 1/2c-Peaches 1-Capri Sun 1-Graham Crackers	28 1-BBQ Rib on Bun 1/2c-Fries 1/2c-Baked Beans 1/2c-Applesauce 1-Sidekick Slushy	29 1-Lasagna RollUp/Marinara 1-Dinner Roll/Butter 1/2c-Green Beans 1/2c-Broccoli/Ranch Cup 4-Orange Wedges 1-Sidekick Slushy	30 1-Hot Dog on Bun 1-Sun Chips 1/2c-Carrot Sticks 1/2c-Celery Sticks/Ranch 1c-Pears	1 4-Pepperoni Pizza Rolls 1/2c-Salad 1/2c-Carrot Sticks/Ranch 1/2c-Pineapple 1-Capri Sun

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30 Cereal Mini Loaf Fruit Juice Chicken Rings Sweet Potato Wedges Orange Wedges	31 Mini Waffles Fruit Juice Taco in a Bag Shredded Lettuce Salsa Tropical Fruit	1 Sausage & Egg Burrito Fruit Juice Crm Chicken Bread Bowl Mixed Vegetables Pineapple Cookie	2 Banana Bread Fruit Juice Country Fried Steak Bites Mashed Potatoes/Gravy Baked Beans Apricots	3 Breakfast Pizza Fruit Juice Sausage Pizza Broccoli Ranch Cup Aplesauce
6 Mini Pancake Wraps Fruit Juice Toasted Beef Ravioli Marinara Cup Mozzarella Cheese Stick Salad Mixed Fruit	7 Cereal Yogurt Fruit Juice Chicken Drumsticks Sweet Potato Wedges Broccoli/Ranch Cup Sidekick Slushy	8 Scrambled Eggs w/Bacon Biscuit/Jelly Fruit Juice Cheeseburger Meatloaf Bread/Butter Mashed Potatoes/Gravy Green Beans Peaches	9 Mini Chocolate Donuts Fruit Juice Br Chicken Patty on Bun Baked Beans Grapes Chocolate Chip Cookie	10 Breakfast Pizza Fruit Juice Mini Pizza Bagels Mixed Vegetables Orange Wedges
13 Dutch Waffle Fruit Juice Macaroni & Cheese Green Beans Pears	14 French Toast Sticks Fruit Juice Sweet & Sour Chicken Vegetable Egg Roll Vegetable Fried Rice Mixed Fruit	15 Cereal Biscuit/Jelly Fruit Juice Nacho Bites Salsa Corn Mandarin Oranges	16 Bfast Wrap w/Egg&Cheese Fruit Juice Chicken Nuggets Sweet Potato Fries Baked Beans Grapes	17 Breakfast Pizza Fruit Juice Pizza Bosco Spinach Salad Applesauce
20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 Cereal Mini Loaf Fruit Juice Teriyaki Chicken Bites Dinner Roll/Butter Carrot Sticks Ranch Cup Peaches	28 Apple Frudel Fruit Juice BBQ Rib on Bun Fries Baked Beans Sidekick Slushy	29 Saus/Egg Cheese Taco Fruit Juice Lasagna Roll Up/Marinara Green Beans Orange Wedges	30 Strawberry Mini Bagels Fruit Juice Hot Dog on Bun Sun Chips Carrot& Celery Sticks/Ranch Pears	1 Breakfast Pizza Fruit Juice Pepperoni Pizza Rolls Salad Pineapple

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