

# VIA Classification of Character Strengths and Virtues

## Virtue of Wisdom



### Creativity

Original, adaptive, ingenuity, seeing and doing things in different ways



### Curiosity

Interest, novelty-seeking, exploration, openness to experience



### Judgment

Critical thinking, thinking through all sides, not jumping to conclusions



### Love of Learning

Mastering new skills & topics, systematically adding to knowledge



### Perspective

Wisdom, providing wise counsel, taking the big picture view

## Virtue of Courage



### Bravery

Valor, not shrinking from threat or challenge, facing fears, speaking up for what's right



### Perseverance

Persistence, industry, finishing what one starts, overcoming obstacles



### Honesty

Authenticity, being true to oneself, sincerity without pretense, integrity



### Zest

Vitality, enthusiasm for life, vigor, energy, not doing things half-heartedly

## Virtue of Humanity



### Love

Both loving and being loved, valuing close relations with others, genuine warmth



### Kindness

Generosity, nurturance, care, compassion, altruism, doing for others



### Social Intelligence

Aware of the motives and feelings of oneself and others, knows what makes others tick

## Virtue of Justice



### Teamwork

Citizenship, social responsibility, loyalty, contributing to a group effort



### Fairness

Adhering to principles of justice, not allowing feelings to bias decisions about others



### Leadership

Organizing group activities to get things done, positively influencing others

## Virtue of Temperance



### Forgiveness

Mercy, accepting others' shortcomings, giving people a second chance, letting go of hurt



### Humility

Modesty, letting one's accomplishments speak for themselves



### Prudence

Careful about one's choices, cautious, not taking undue risks



### Self-Regulation

Self-control, disciplined, managing impulses, emotions, and vices

## Virtue of Transcendence



### Appreciation of Beauty & Excellence

Awe and wonder for beauty, admiration for skill and moral greatness



### Gratitude

Thankful for the good, expressing thanks, feeling blessed



### Hope

Optimism, positive future-mindedness, expecting the best & working to achieve it



### Humor

Playfulness, bringing smiles to others, lighthearted – seeing the lighter side



### Spirituality

Connecting with the sacred, purpose, meaning, faith, religiousness