



**LaSalle/Putnam County Educational Alliance for Special Education**

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**Non-Violent Physical Crisis Intervention Training Request Form**

- Please submit a request for training a **minimum** of **14** days prior to the training date in order to secure adequate number of trainers and training books.
- Training is a free service from L.E.A.S.E. with a fee for books/online seats and materials.

Check Training Option:

\_\_\_\_\_ Initial (First-time training: 8 hours and a minimum of 10 participants)

\_\_\_\_\_ Traditional in-person refresher (Mandatory yearly training: 4 hours)

\_\_\_\_\_ Blended online refresher training (1-3 hours, **must** complete online training prior to classroom training)/Blended classroom training (2-2.5 hours)

District/School: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Date(s) of Training Request: \_\_\_\_\_

Time for Training: \_\_\_\_\_

Number of Participants: \_\_\_\_\_

Training Location: \_\_\_\_\_

- Location needs to include tables/chairs and space for movement i.e. cafeteria or gym. In addition, access to a computer with LCD projector, WiFi, chart stand, and hand sanitizer is requested.
- We will request email addresses for online blended refresher training once confirmed.

Once complete, please print and fax or email the form to Darci Aubry ([daubry@lease-sped.org](mailto:daubry@lease-sped.org)) at L.E.A.S.E.

Illinois Administrative Code 1.285 requires that any adult who is supervising a student in time out or isolated time out, or who is involved in a physical restraint, shall receive at least eight hours of developmentally appropriate training annually. Online training may be utilized for all the following required training areas: A) crisis de-escalation, B) restorative practices, C) identifying signs of distress during physical restraint and time out, D) trauma-informed practices, and E) behavior management practices. Online training may not be used for training pertaining to physical restraint.

Each participant will need to create an account using the [Center for Intensive Behavioral Support](#) website to complete the other 4 hours and the following modules: Module 3 – Restorative Practices (2.5 hours), Module 4 – Trauma Informed Practices (1 hour), and Module 8 – Proactive Approaches to Behavior Management (1 hour).