

# CIRCUIT BREAKER BREAKFAST/LUNCH MENU JANUARY 2023

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| 2  | 3   | 4   | 5<br>Juice<br>Fruit<br>Breakfast Pizza<br><br>Chicken Nuggets<br>French Fries<br>Corn<br>Peaches   | 6<br>Juice<br>Muffin<br>Smoothie<br><br>Pizza Crunchers<br>Marinara Cup<br>Green Beans<br>Pears                          |
| 9<br>Juice<br>Fruit<br>Mini Waffles<br><br>Sweet and Sour Chicken<br>Vegetable Fried Rice<br>Vegetable Egg Roll<br>Sidekick Slushy | 10<br>Juice<br>Fruit<br>Banana Bread<br><br>Corn Dog<br>Baked Beans<br>Corn<br>Pineapple                          | 11<br>Juice<br>Fruit<br>Cereal<br>Yogurt<br><br>Chili<br>Cheez Its<br>Carrot Sticks with Ranch<br>Cup<br>Mixed Fruit                              | 12<br>Juice<br>Fruit<br>Scrambled Eggs<br>Sausage Link<br><br>Taco in a Bag<br>Romaine Lettuce<br>Salsa<br>Apricots                            | 13<br>Juice<br>Fruit<br>Breakfast Pizza<br><br>Pepperoni Pizza<br>Mixed Vegetables<br>Applesauce                         |
| 16<br><br>NO<br><br>SCHOOL   | 17<br>Juice<br>Fruit<br>Pancake Wrap<br><br>Nacho Bites<br>Salsa<br>Baked Beans<br>Tropical Fruit                 | 18<br>Juice<br>Fruit<br>Strawberry Bagelful<br><br>Chicken Sticks<br>Ketchup<br>Corn<br>Grapes  | 19<br>Juice<br>Fruit<br>Egg & Sausage Bites<br><br>Salisbury Steak<br>Mashed Potatoes with<br>Gravy<br>Green Beans<br>Pears                    | 20<br>Juice<br>Fruit<br>Breakfast Pizza<br><br>Sausage Pizza<br>Spinach Salad with Dressing<br>Mandarin Oranges          |
| 23<br>Juice<br>Fruit<br>Choc Banana Bar<br><br>Mini Tacos<br>Salsa<br>Corn<br>Peaches  | 24<br>Juice<br>Fruit<br>Cereal<br>Mini Loaf<br><br>Cheese Bosco Sticks<br>Marinara Cup<br>Green Beans<br>Pears    | 25<br>Juice<br>Fruit<br>Sausage and Egg<br>Uncrustable<br><br>Breaded Chicken Patty on<br>a Bun<br>Baked Beans<br>Potato Wedges<br>Tropical Fruit | 26<br>Juice<br>Fruit<br>Scrambled Eggs with Bacon<br><br>Toasted Beef Ravioli<br>Mozzarella Cheese Stick<br>Marinara Cup<br>Carrots<br>Peaches | 27<br>Juice<br>Fruit<br>Breakfast Pizza<br><br>French Bread Pizza<br>Romaine Lettuce Salad<br>With Dressing<br>Pineapple |
| 30<br>Juice<br>Fruit<br>Mini Pancakes<br><br>Breaded Pork Chop on a<br>Bun<br>Corn<br>Sliced Apples                                | 31<br>Juice<br>Fruit<br>Breakfast Wrap<br><br>Hot Dog on a Bun<br>French Fries<br>Baked Beans<br>Mandarin Oranges |   |  |  |