

CIRCUIT BREAKER HIGH SCHOOL LUNCH MENU OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 1 Pizza Calzone 1-Marinara Cup 1c Spinach Salad 1/2c Mixed Fruit 1-Juice
4 3/4c Chilli 1-Cheez Its 1c Carrot Sticks 1-Ranch Cup 1/2c Apricots 1/2c Applesauce	5 2oz Teriyaki Chicken Stir Fry 1c Vegetable Fried Rice 1-Vegetable Egg Roll 1c-Peaches	6 2oz Sloppy Joe on a Bun 1/2c Sweet Potato Fries 1/2c Corn 1c Applesauce	7 1-Corn Dog 1/2c Baked Beans 1/2c Mixed Vegetables 1/2c Tropical Fruit 1/2c Peaches	8 NO SCHOOL
11 NO SCHOOL	12 1- Country Fried Steak 1/2c-Mashed Potatoes With Country Gravy 1/2c-Corn 1/2c-Pineapple 1-Capri Sun	13 2-Pizza Quesadillas 1-Marinara Cup 1/2c Carrot Sticks 1-Ranch Cup 1/2c-Mixed Fruit 1/2c-Mandarin Oranges	14 2-Chicken Bacon Crisпитos 1/2c-Cauliflower 1-Ranch Cup 1-Vegetable Sidekick Slushy 1/2c-Pears 1/2c-Tropical Fruit	15 1-Personal Pan Pizza 1c-Spinach Salad 1/2c-Tropical Fruit 1-Sidekick Slushy
18 2-Chicken Drumsticks 1/2c-Corn 1-Vegetable Sidekick Slushy 1-Graham Crackers 1/2c-Pears 1/2c-Peaches	19 3/4c-Spaghetti with Meatsauce 1-Garlic Bread 1c-Spianch Salad 1c-Applesauce	20 1-Beef and Bean Burrito 1/2c-Refried Beans 1-Salsa 1c-Fresh Fruit	21 6ea-Breaded Mozz Sticks 1-Marinara Cup 1c-Mixed Vegetables 1/2c-Apricots 1/2c-Mixed Fruit	22 1-Garlic French Bread Pizza 1/2c-Green Beans 1/2c-Corn 1c-Peaches
25 1-Egg and Cheese Muffin 1-Sausage Patty 3-Hashbrown Patty 1c-Fresh Fruit	26 1-Cheeseburger on a Bun 1/2c-Baked Beans 1/2c-Carrot Sticks with Ranch Cup 1c-Apricots	27 1-Italian Chicken Breast 1/2c-Scalloped Potatoes 1-Dinner Roll with Butter Pad 1/2c-Green Beans 1c-Peaches	28 2oz-Loaded Nacho Taco Meat 1-Cheese Cup 1/2c-Tomatoes 1-Salsa 1c-Tropical Fruit	39 1-Cheese Pizza 1c-Romaine Lettuce 1-Sidekick Slushy 1/2c-Mandarin Oranges